

## Item 5: Adult Autism and ADHD Pathway Development and Re-procurement 2025/26

By: Gaetano Romagnuolo, Research Officer - Overview and Scrutiny  
To: Health Overview and Scrutiny Committee, 12 March 2025  
Subject: Adult Autism and ADHD Pathway Development and Procurement - Update

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Summary: This report invites the Health Overview and Scrutiny Committee to consider the information provided by NHS Kent and Medway.

It offers background information which may prove useful to Members.

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### 1) Introduction

- a) The NHS Kent and Medway (the Integrated Care Board (ICB)) outlined their proposed model for adult Autism and ADHD services in Kent at HOSC on 2 October 2024. They set out the context of a significant increase in demand for services (600% across the county since 2022), and summarised their plans for procuring a new combined pathway from April 2025.
- b) Members decided the proposals were not a substantial variation of service - in part because current pathways were being amalgamated as opposed to changed - but were concerned about the rising demand and limited funds. Members invited the guests back to present an update at the appropriate time.
- c) The ICB have been invited to attend today's meeting with an update and feedback received from public engagement events.

### 2) Recommendation

- a) RECOMMENDED that the Committee note the report.

### Background Documents

Kent County Council (2024) 'Health Overview and Scrutiny Committee (2/10/2024)', <https://democracy.kent.gov.uk/ieListDocuments.aspx?CId=112&MId=9543&Ver=4>

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